

FALL 2025

HEALTHY HORIZONS

IN THIS EDITION:

WELCOME HOME, NIP!

A NOR'EASTER CONFERENCE
ISASH 2025

NYCAMH HAPPENINGS

Congrats, Dahlia!
Farm Safety Art Contest Open

NEW TO NYCAMH

Welcome, Brenna!
The Driving Force Behind Quality Rural Healthcare

JOIN OUR TEAM!

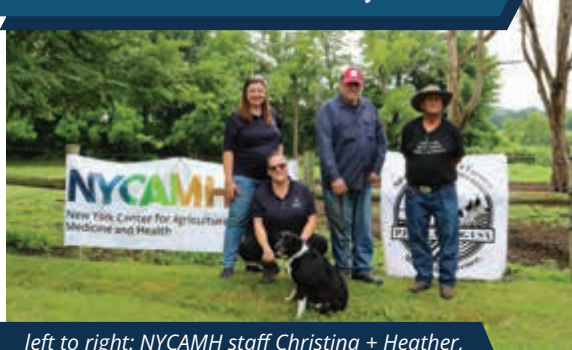
INNOVATION INVITATION

IdeasThatWork
Incubator Request for Proposals

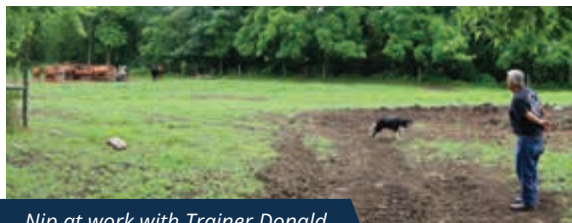
OUR MISSION

promote the well-being of rural & agricultural workers & their communities by proactively addressing & preventing occupational injuries & illnesses

WELCOME HOME, NIP!



left to right: NYCAMH staff Christina + Heather, Farmer DJ, PHARM Dog Trainer Donald



Nip at work with Trainer Donald

When NYCAMH's Clinical Case Manager Heather Chauncey learned about PHARM Dog USA, she knew just how much good a four-legged farmhand could do for DJ Grady.

DJ is a farm owner in the Finger Lakes region who has faced mobility issues since experiencing a workplace injury and stroke. His love for the farming lifestyle keeps him going, but he has concerns about staying safe when performing certain tasks.

Enter: Nip! He's a professionally trained task dog from PHARM Dog USA, a non-profit initiative based in Missouri created to assist farmers who have a disability or disease but want to stay active and independent on their farms. The program trains rescued or donated dogs to perform

service tasks specific to agriculture work, embracing founder Jackie Allenbrand's mission to "Save a Dog. Help a Farmer. Make a Difference."

Thanks to his trainer Donald McKay, Nip knows a few special commands that make him an excellent farmhand (or farmpaw). DJ often uses his tractor to get in and out of the pasture and was worried about his cows escaping, given the extended period of time that the gate remained open. Now, Nip will watch the exit and keep the cows back to make DJ's movement easier, safer, and less stressful. Nip also knows the "bring" command, helping DJ easily pick up dropped items from the ground.

After many months of planning and coordination, Heather is very proud of the successful connection between our Farm Partners Program and the PHARM Dog team.



After the long drive north from rural Missouri to meet his new roommate, Nip and DJ became fast friends. Already inseparable, the pair will enjoy the good life on the farm together, working side-by-side. Learn more about this awesome initiative at pharmdog.org.

NYCAMH 
New York Center for Agricultural
Medicine and Health

nycamh.org
info@nycamh.org
local 607-547-6023
toll-free 800.343.7527



NYCAMH + NEC team at ISASH

A NOR'EASTER CONFERENCE

NYCAMH and the Northeast Center hosted the annual **International Society for Agricultural Safety and Health (ISASH)** conference in Portland, Maine from June 23 to 26.

ISASH brings together professionals from around the world to share ideas and advance the field of occupational safety and health in agriculture. Each year, member organizations trade off planning and hosting the conference, allowing attendees to learn about agriculture in new states and countries. This year was our turn!

In the Northeast, we pride ourselves on having a diverse agricultural workforce, including not only farmers, but also commercial fishermen and loggers. This diversity was embraced through this year's theme, *On Land and At Sea: Safety and Health for Farmers, Fishermen, and Loggers*.

More than 140 professionals kicked off the conference with a boat tour and educational session about the Northeast commercial fishing fleet, followed by a traditional Maine lobster bake on Peak's Island. Over the days that followed, scientific sessions covered a range of topics including injury surveillance, healthcare access, mental health, tick-borne diseases, equipment safety, youth education, technological advances in safety, and many more.

During the conference, NYCAMH's Bilingual Educator Anna Meyerhoff won an award for her poster titled *"Thriving Under Pressure: Empowering immigrant dairy workers with culturally appropriate stress management tools,"* and Agricultural Safety Educator Sarah Welsh was elected co-chair of ISASH's Family, Farmstead, and Leisure Time working group.



Destiny + Erika on boat tour



Anna with winning poster



Pauline + Sarah at traditional lobster bake



Christina presents on Farm Navigator Services



Dahlia presents on John May Farm Safety Fund

NYCAMH HAPPENINGS

CONGRATS, DAHLIA!

Dahlia Sheehan-Yassin has been accepted to the 21st class of Cornell University's Lead New York Program! As Outreach Coordinator for the John May Farm Safety Fund, Dahlia is already doing great work for farmers in our state, and we can't wait to see how she benefits from participating in this prestigious program. Congrats!



FARM SAFETY ART CONTEST



Our annual art contest in recognition of **National Farm Safety and Health Week** opens soon! We will accept submissions from Sept. 22 to Nov. 14. Students grades 5 to 12 are eligible to enter in print and digital categories.

This year's theme, **Be Farm Smart: Stay Away from Moving Parts**, aims to promote safety messages about working around mechanical hazards such as moving parts, sharp objects, pinch points, crush points, wrap points, and more. To expand on this topic, educators can request to have a NYCAMH expert visit their classroom for a lesson (in-person or virtually)!

Learn more at nycamh.org/ArtContest!



NEW TO NYCAMH

WELCOME, BRENNA!

Brenna Quinn joined NYCAMH and HealthWorks as our intern for the summer! She grew up in upstate NY, graduated from Skidmore College last year with her bachelor's degree in psychology. She has always loved the Northeast.



"Since being at NYCAMH, I have attended several in-office and fire department clinics with HealthWorks where I've learned new skills like respirator fit testing."

Brenna has been a wonderful addition to the team and we are incredibly grateful for all the work she has done over the past few months!

THE DRIVING FORCE BEHIND QUALITY RURAL HEALTHCARE

Our new mobile clinic has arrived! Now, it's easier than ever to attend one of our occupational health clinics. We are ready and excited to hit the road and bring an elevated experience to YOU, wherever your occupation takes you! To learn more, give us a call at 607-547-7014 ext. 1 or visit bassetthealthworks.org.



JOIN OUR TEAM!

NYCAMH is currently seeking to add new members to our team! Scan the QR code or visit nycamh.org/careers to learn more about career opportunities with us and apply today!

Open positions as of **August 28, 2025**:

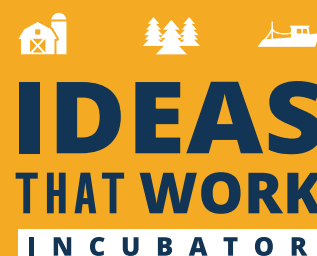


- Bilingual Agricultural Safety Educator
 - Remote, Long Island
- Occupational Health Services Technician I
 - Full-time + per diem positions open



Jim demonstrates safe lifting practices with Mr. Lifty at ISASH

INNOVATION INVITATION



The Northeast Center has opened applications for our IdeasThatWork Incubator! If you have an innovative idea to improve the health and safety of farmers, loggers, or commercial fishermen working in the U.S., this is your opportunity to turn that idea into a reality.

We are excited to open our second round of funding for the IdeasThatWork Incubator, a pilot program in partnership with George Mason University. Applications should be submitted no later than September 30, 2025.

The incubator supports individuals who have ideas to improve the health and safety of farmers, loggers, and commercial fishermen. Awardees receive up to \$10,000 per year, as well as mentorship from an expert advisory board and access to other resources.

Visit necenter.org/IdeasThatWork to learn more and get started on your application. We look forward to hearing all about your innovations!

NYCAMH
One Atwell Road
Cooperstown, NY 13326

Return Service Requested

NONPROFIT ORG
U.S. POSTAGE PAID
PERMIT NO. 31
COOPERSTOWN, NY
13326

SAFETY SPOTLIGHT: STAYING HYDRATED

National ROPS Rebate Program

The NRRP is a voluntary program that provides **rebates for about 70%** of the cost of purchasing and installing a ROPS kit and canopy.

Contact us today to get started!

877.767.7748
info@ropsr4u.org



learn more:
ropsr4u.org

HYDRATION GUIDELINES FOR WORKERS

Drink Water Frequently

One cup of cool water every 15 to 20 minutes, even if you're not thirsty.

Maintain Electrolyte Balance

Electrolytes help your body maintain fluid balance. You lose them when you sweat. Consuming regular meals and snacks helps replenish these essential minerals.

Hydrate Before and After Work

It can take hours to replenish fluids lost through sweat.

Avoid Dehydrating Beverages

Limit caffeine and alcohol, especially on extremely hot days.

For more hydration and heat illness resources, scan the QR code or visit nycamh.org/heat-illness.



photo credit: Joe Proudman, University of California, Davis