

# Stay Healthy Working with Animals

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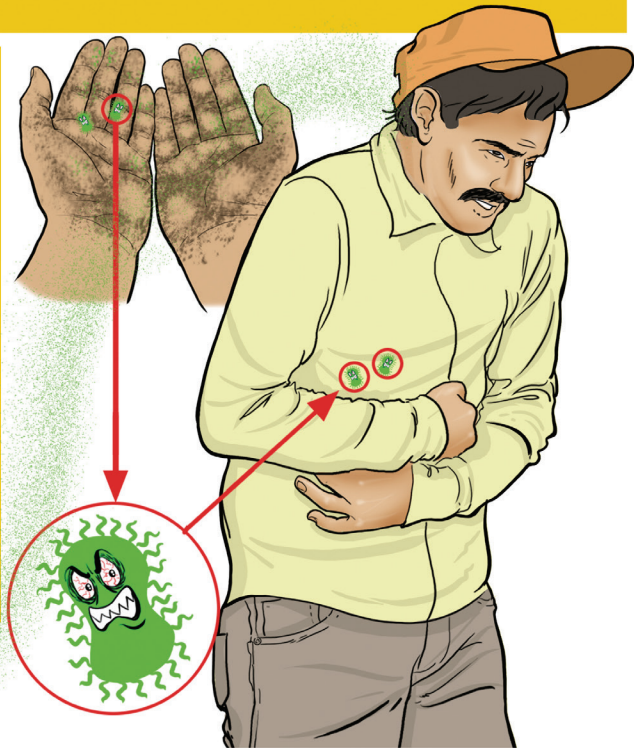


Bassett Healthcare Network  
New York Center for Agricultural Medicine and Health

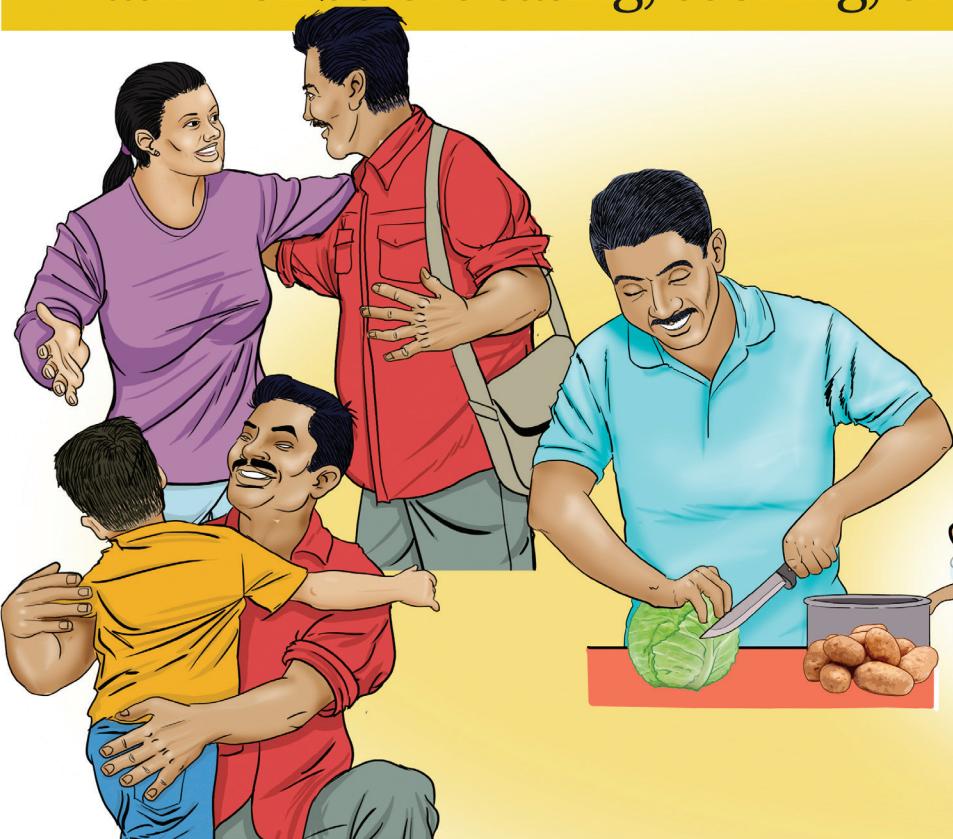
## Hygiene for health



- Germs spread easily on the farm
- Cows and workers can get sick
- Tell your supervisor if you have vomiting or diarrhea



## Wash well before eating, cooking, or contact with family/children



Wash with soap and water to kill germs

20 seconds



## Wash boots after work      Wash work clothing separately      Shower immediately when arriving home

