

Ladder Safety

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Funding for the production of this material was provided by the
NY State Occupational Health Clinic Network



Bassett Healthcare Network
New York Center for Agricultural
Medicine and Health

Prevent injuries! Use your ladder safely.

1 Inspect your ladder at the beginning of every shift for any damage or defect.

2 Every time you position your ladder, inspect the ground to avoid any soft or wet soil.

3 Be sure to place the ladder at a safe angle.

Correct Angle: 70-75 degrees.

4. To maintain your balance:

a. Keep your body and fruit bag centered on the ladder.

b. Avoid overreaching for fruit.

c. Do not use the upper last two steps.

d. Keep both feet on the ladder at all times.

e. Use sturdy work shoes or boots.

5. To move up and down, always position hands on the sides of the ladder, not on the steps.