



New York Center for Agricultural  
Medicine and Health

## FARM PARTNERS



**FREE + CONFIDENTIAL  
COUNSELING**

**CONTACT Us**

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**PROMOTING WELLNESS,  
RESILIENCE, + SAFETY**

# *Wellness, Resilience, + Safety for New York Farming Communities*

For more than 30 years, Farm Partners has provided farming communities in New York with free, confidential counseling and problem-solving assistance. Our therapeutic support is provided by a NYS Licensed Therapist.

Together, we can reduce the stigma around mental health by sharing information, providing early intervention, engagement with wellness services, and reaching out for help to save lives.

## **AVAILABLE SERVICES**

*No Cost + Always Confidential*

Stress Reduction

Emotional Wellness

Resiliency

Transition + Life Planning

Therapeutic Support

Farm Visits

Consultations

Learn More:

[nycamh.org/FarmPartners](http://nycamh.org/FarmPartners)

[info@nycamh.org](mailto:info@nycamh.org)

Local: 607-547-6023

Toll-Free: 800-343-7527



**NYCAMH**

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