E HEALTHY HORIZONS

A publication of the New York Center for Agricultural Medicine and Health & The Northeast Center for Occupational Health and Safety

NYCAMH Brings Safety to North **American Manure Expo**

The **North American Manure Expo** (NAME) was full of many firsts this year- it was the first time that New York state had played host, it was the first time that NYCAMH was involved in the safety school during the expo, and it was the first time that NYCAMH was there to offer skin cancer screenings in our mobile clinic.

This two-day event took place at Patterson Farms near Auburn, NY, and featured speakers, demonstrations, vendors, and more. For our part, NYCAMH Safety Educator and former State Trooper Bernie Kennett delivered training on SMV use for tractors and implements during the safety school. His presentation, in conjunction with current NYS Troopers, demonstrated the importance of roadway safety for both farmers and other motorists. The safety school also included expert guidance on dragline & pump safety, pressurized hose release, and confined space entry.

NYCAMH's **Jim Carrabba** served on the event planning committee. Those who work with Jim on a regular basis will not be surprised to know that the event was well organized and offered a mix of fun and useful knowledge!

Our NYCAMH mobile clinic also stayed busy, performing skin cancer screenings for show participants. We also greeted attendees at our booth, where we offered PPE sales and further information about our services available across the state.



NYCAMH staff Christina Day and Judy Graham check-in two attendees who participated in the skin cancer screening at NAME 2024.

Thank you very much to host farm Patterson Farms, the NAME 2024 planning committee, all of the farmers who came to visit us at the show, and our dedicated staff who made our part of this event a rousing success. See page 3 for more pictures from the event!



NYS Troopers and Bernie Kennett introduce themselves before delivering their roadway safety presentation to safety school attendees.



See more from our experience at NAME 2024 on our Flickr page!

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Heat-Related Illness



Scan the QR Code to see the entire webinar.

Heat-Related Illness can occur even in early fall. NYCAMH staff members have been a part of statewide discussions surrounding heat-related illnesses and offering our expertise on the matter. Medical Director **Dr. Brian Quinn** and Bilingual Safety Educator **Anna Meyerhoff** participated in a recent webinar, which also included NYCAMH Advisory Board member **Dr. Rich Stup**. For more information about heat-related illnesses, please scan the QR code on the left.



Adolescent and Adult Mental Health Survey

Our colleagues at the National Children's Center for Rural Agricultural Health and Safety and the University of Illinois are interested in learning how stress is experienced by adults and adolescents in the household and how individuals in the household respond to stress. Farm families are invited to participate in a study about stress and health. To qualify, at least two individuals in a household must agree to participate in an online survey: one adult and one adolescent (age 13-17). Up to two adults can participate. Surveys take about 20 minutes to complete and can be completed on a desktop computer, laptop, tablet, or smartphone. All questions are voluntary, and all responses are confidential. Each eligible individual will receive a \$20 Amazon gift card for participating.



Scan the QR code to join this important study!

John May Farm Safety Fund - Expanded Eligibility



Have you been thinking about applying to the John May Farm Safety Fund?

Beat the end of year rush and submit your application now. All dairy farms in New York State now qualify and any farm grossing up to \$1 million also qualifies, so start your application today!

Email us at JMFSF@bassett.org, visit nycamh.org/johnmayfund, or call 800-343-7527 for more information.









Harvest Season Health

Fall is here, which means it's almost harvest season! Farmers will be vigorously working to harvest crops, such as corn silage, that will be stored in silos or ag bags. Harvest season can be extremely busy and stressful. It is important to make safety a priority. Being aware of the hazards and knowing how to be safe can help reduce the risk of injuries and or death. For more information on harvest season safety, scan the QR Code.



Scan the QR Code to read further about silo filling safety!

NYCAMH Happenings

NYCAMH had an incredible group of interns this summer. Thank you to **Oliver Wasson**, **Madeline Pain**, and **Natalie Teachout**. Each worked in cross-functional roles throughout NYCAMH, HealthWorks, and Northeast Center projects, adding their talents and infusing energy into our work!

Ollie, a 2023 graduate of Cooperstown Central School, joined us for the 2nd year in a row. He returns to Dartmouth College where he studies Biomedical Engineering.







NYCAMH Summer Interns 2024 (L-R): Ollie, Madeline, and Natalie

Madeline is a 2022 graduate of Gilbertsville-Mount Upton Central School and returns to her studies in Psychology at Villanova University. Natalie is a 2021 graduate of Richfield Springs Central School and her experience at NYCAMH completed her studies at SUNY Cobleskill as an Animal Science major.

Thank you all for your incredible dedication this summer; we are glad each of you were on the team and wish you the best of luck this year!

More Images from NAME 2024



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SPOTLIGHT ON SAFETY Roadway Safety

Harvest is upon us. Do your part as a defensive driver to protect yourself, your equipment, and other motorists while bringing in your crop.

Farmers:

- Make yourself visible by making sure all lighting works properly. Have SMV signs in place, clean and still reflective. Mark wide equipment with flags.
- Maintain your lane. Moving over signals to other motorists to pass you, when it may not be safe to do so.
- If you do have to let others pass, pull over in a safe place where you can get completely off the road. Make sure you have a clear line of site when you pull back onto the road.
- Consider using an escort vehicle for wide equipment or low light driving. It is recommended that the escort vehicle be in front of the tractor/equipment.
- Limit road driving as much as possible, using service roads when you can.

Motorists:

- Farm equipment travels at a slower pace. Slow down and leave ample follow space.
- Pass only in passing zones, or if the tractor pulls over completely off the road.
- Watch for farm or field entrances and turn signals.
 Farmers may also use hand signals.
- Share the road, so we can all get home safely.



View more roadway resources on our website.







Do you have a safety topic that you want to see more of? Let us know at info@nycamh.org or call us at (800)343-7527.